

ALF'S ALL DAY BREAKFAST

Greek Yoghurt v	£9.95
with banana, mango compote, toasted coconut and blueberries	
Poached Turmeric Pear v	£9.95
with Greek yoghurt, mint and toasted almonds	
Alf's Happy Carb Breakfast	£9.50
Scrambled eggs with avocado, vine roasted tomatoes and bacon	
Power Oats v	£10.95
with blueberries, fruit compote, pecans and Greek or dairy free yoghurt made with cows or oat milk	
Alf's House Made Granola v	£10.95
with summer fruit & chai seed compote and Greek yoghurt	
Toast v Two rounds with butter & preserves from the counter	£3.75
Sourdough or Bloomer Toast v	£5.00
One round with butter & preserves from the counter	
Eggs on Toast Scrambled, Fried, Poached	£7.95
Sausage Sandwich (Veggie sausages available v)	£9.70
Bacon, Halloumi & Chilli Jam Bloomer Sandwich	£10.50
Alf's Cinnamon Toast v One round	£4.00
Old School Bacon Sandwich	£7.95
Toasted Fruit Tea Cake with salted butter v	£3.95
Nduja Scrambled Eggs on Sourdough	£15.00
with smashed avocado and roasted vine cherry tomatoes	
Whipped Feta on Toasted Sourdough v	£10.95
with pickled baby beetroots, pistachio, dill and honey	
Eggs Benedict with Ham £12.95 with Smoked Salmon £14.95	
Prosciutto & Scrambled Eggs on Toasted Sourdough	£13.95
with Grano Padano	
Smashed Avo & Poached Eggs on Toasted Sourdough v	£13.50
with chilli flakes and smoked paprika mayonnaise	
The Veggie Alf's v	£13.95
Scrambled eggs, smashed avocado, halloumi, roasted cherry tomatoes and mushrooms on toasted sourdough	
The Vegan Alf's VE	£13.95
Scrambled tofu, baked beans, hash brown, roasted cherry tomatoes, mushrooms, vegan sausages and toasted sourdough	
Smoked Salmon & Scrambled Eggs	£15.95

BREAKFAST EXTRAS

Baked Beans VE	£1.50	Devon Hog's Pudding	£2.00
Egg	£1.50	Avocado VE	£2.95
Hash Brown VE	£1.80	Halloumi v	£2.95
Mushrooms VE	£1.95	Sausage	£3.00
Vine Tomatoes VE	£2.00	Bacon	£3.50
		Smoked Salmon	£9.00

ALF'S

OPEN 7AM-3PM
7 DAYS A WEEK



EST. 1994

LOWER STREET • DARTMOUTH

cafealfresco.co.uk

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FOOD ALLERGIES & INTOLERANCES

Please speak to our till staff about your requirements before ordering. Due to the small nature of our kitchen we cannot serve customers with life threatening allergies.

ALF'S ALL DAY FRY-UPS

Lighter Alf's	£11.95
One fried egg, butcher's sausage, one piece of bacon, baked beans and toast	
Alf's Breakfast	£12.95
Two fried eggs, butcher's sausage, back bacon, roasted cherry tomatoes, mushrooms and toast	
Big Alf's	£15.95
Two fried eggs, butcher's sausage, back bacon, roasted cherry tomatoes, mushrooms, Devonshire hogs' pudding, baked beans, hash brown and toast	

LITTLE ALF'S

Kiddies Alf's	£10.95
Scrambled eggs, hash brown, beans and bacon	
One Round of Toast with Jam v	£1.80
Sliced Apple & Banana with Almond Butter VE	£5.95
Kiddies Beans on Toast v	£5.95

ALF'S FRENCH TOAST

Brioche French Toast	
with blueberry compote and vanilla mascarpone v £14.25	
OR with bacon and maple syrup £14.50	

ALF'S CLASSIC BAGUETTES

Alf's Ferryman	£9.70
Two bacon, Two fried eggs and a butcher's sausage	
Eggs & Bacon	£8.50
Sausage & Bacon	£8.50
Double Sausage	£9.70
Avocado & Halloumi v	£9.50

OPEN TOASTIES

Chicken & Pesto	£13.95
with semi-dried cherry tomatoes and Swiss cheese	
Brie Rustic	£12.95
with honey roasted ham or sliced avocado with chilli jam	
Mushroom & Feta v	£10.95
with caramelised onion marmalade	
Cheddar Cheese & Spring Onion v	£9.95
with Alf's tomato and courgette chutney	
Roasted Vegetables & Wild Garlic Pesto VE	£11.95
With Tahini dressing	

SORRY, WE NO LONGER OFFER FOOD SWAPS BUT FEEL FREE TO ADD EXTRAS. AT ALF'S WE SERVE FRESH FOOD MADE FOR YOU AS QUICKLY AS POSSIBLE, AT BUSY TIMES THERE MAY BE A WAIT.

DRINKS

All our coffees are double shots and the milk is textured to 65c. If you would like it extra hot please just let us know. All coffees are available over ice.

Espresso	£2.85
Cortado Macchiato Americano	£3.00
Cappuccino Flat White	£3.75
Lovely Latte Chai Latte	£3.75
Alternative Milk Oat, Coconut, Almond extra	50p
Coffee Syrup Caramel, Vanilla, Coconut, Hazelnut extra	85p
Hot Chocolate	£3.50
add Cream and Marshmallows	£1.00
Willies 70% Cocoa Hot Chocolate	£5.75
Kids Hot Chocolate	£3.00
add Cream, Marshmallows and Sprinkles extra	£1.30
Mocha	£4.75
Pot of Tea (free refill)	£2.85

ALF'S HERBAL TEAS

Green Tea, Rooibos, Chamomile, Blackcurrant & Apple, Fresh Mint each **£3.95**

SMOOTHIES

Mango & Banana	£4.95
Super Kale Kick	£5.95
Berry Blast	£5.95

SUPERFOOD LATTES

Turmeric | Matcha **£4.95**

ALF'S HOUSE DRINKS

Blueberry, Lime & Mint Lemonade	£3.95
Elderflower Fizz	£3.95
Dartmouth Fog - Earl Grey Iced Tea	£3.75
Hot Steeper	£3.95

BAKED GOODS

available at the counter

Cakes, Biscuits, Cookies & Tray Bakes

GLASS BOTTLES

Diet Coke 330ml	£3.30
Coke 330ml	£3.30

LOCAL BOTTLED WATER

Still or Sparkling 330ml **£3.00**

FRESHLY SQUEEZED JUICES

Orange or Apple Juice **£4.95**

JOLLYS CORNISH DRINKS

Sparkling Apple 250ml	£3.95
Pink Lemonade 250ml	£3.95
Classic Lemonade 250ml	£3.95

WINES

Alf's House Red 175ml 250ml bottle
Rouge, Pays d'Oc, France **£6.75** **£8.75** **£24.00**
Juicy plummy red fruits and a hint of spice with soft approachable tannins.

Alf's House White 175ml 250ml bottle
Blanc, Pays d'Oc, France **£6.75** **£8.75** **£24.00**
Citrus notes with subtle floral elements and a well-rounded refreshing finish.

Alf's House Rosé 175ml 250ml bottle
Cépages du Sud, France **£6.75** **£8.95** **£36.00**
Cherries and strawberries with zesty citrus notes that continue with the long finish.

BUBBLES

Billecart-Salmon Brut Reserve bottle **£95.00**

125ml bottle
Alf's House Prosecco **£9.50** **£38.00**

ALF'S MARMALADE BY THE JAR

ALF'S 100% SUMATRA HOUSE BEANS 250g

available to buy and take home to enjoy

BEERS AND CIDER

Salcombe Ocean Cider 4.5% 500ml **£7.50**

Ocean Cider celebrates a bounty of crisp, delicious West Country apples, crashing across the taste buds in waves of lightly sparkling refreshment. A full-bodied, traditional cider with a medium dry taste.

Salcombe Pilsner 5.4% 330ml **£5.50**

Premium lager with a delicate floral and herbal aroma. The gentle malt flavour complements the bittersweet palate, culminating in a crisp, dry finish.

Salcombe Pale Ale 4.6% 330ml **£5.50**

A fresh, full-bodied and powerfully hopped pale ale with orange, pink grapefruit and anise on the nose. Dry hopped for a robust, complex beer that's bursting with flavour.

Guinness Micro Draught 4.2% 558ml **£6.50**

One of the world's best-loved beers, from the first velvety sip to the last, lingering drop, every deep-dark satisfying mouthful in between is pure beauty ... pure Guinness.

Sandford Devon Red 4.5% 500ml **£7.50**

Devon Red is a perfectly balanced, refreshing, medium cider named after the rich red soil that gives our orchards their distinctive quality.

LOW ALCOHOL

Pine Trail Pale Ale 0.5% 330ml **£4.95**

Rosy, floral aromas, a tangy lime citrus bite with a touch of bitterness

FOR THE GROWN UPS

Gin & Fevertree Tonic **£8.95**

Boozy Hot Chocolate **£7.00**

Bloody Mary **£8.95**

Mimosa **£9.95**

CELEBRATE AT ALF'S

Birthdays or Special Events (min. 20 guests)

STAY AT ALF'S CAPTAIN'S CABIN

Kings or Bunk Room incl. breakfast & parking

Email andy@cafealfresco.co.uk for more info